

Current Research on Biosciences and Biotechnology





Mitragynine: a review of its extraction, identification, and purification methods

Amrianto^{a,b}, Sumail Sidik Ode Ishak^b, Nanda Putra^b, Syefira Salsabila^b, Laode M.R. Al Muqarrabun^{b,*}

^aSchool of Pharmacy, Bandung Institute of Technology, West Java, Indonesia ^bUniversity Center of Excellence for Nutraceuticals, Bioscience and Biotechnology Research Center, Bandung Institute of Technology, West Java, Indonesia

ABSTRACT

Mitragynine is one of the dominant alkaloids present in *Mitragyna speciosa*. The compound possesses several pharmacological properties such as antinociceptive, anti-inflammatory, and anti-cancer. Studies have reported various methods in extracting mitragynine, both conventional and renewable technology combined with acid-base techniques for the enrichment and purification of mitragynine from *M. speciosa*. Several chromatography and spectroscopy instruments such as HPLC, LC-MS, GC-MS, and NMR have been used to identify mitragynine and its content in both the extract and fraction mixtures. In this review, we aim to provide insight on how the methods of extraction, purification, and identification of mitragynine have been developed over the last few decades. This report shows comparison among the various approaches in extracting mitragynine and points out the facts that different methods gave different yields of the compound.

DOI: 10.5614/crbb.2021.3.1/TMPNSA4H

1. Introduction

Mitragyna speciosa (Rubiaceae) is an ethnomedicinal herbal plant that is commonly found in Southeast Asia, including Malaysia, Thailand, Myanmar, Papua New Guinea, and Indonesia. In Indonesia, it is known as kratom, while in Thailand it is called kratom, ithang, kakuam, and thom. *M. speciosa* is also known as breed or ketum in Malaysia (Mudge and Brown, 2017; Mustafa et al., 2020; Ramanathan et al., 2015). The plant is consumed daily in the morning by farmers or laborers to improve their performance while working. They drink the decoction of the leaves in divided doses in a day. Additionally, it is also used as a recreational drink in a higher dose for its narcotic effect. These traditional uses then lead to the abuse of kratom in the west, such as United States (Ramanathan and Mccurdy, 2020).

The leaves of *M. speciosa* are known to contain several interesting alkaloids (Shellard, 1989). Mitragynine is the main alkaloid contained in the leaves along with their isomers, including speciogynine, speciociliatine, and mitraciliatine. In the market, mitragynine was reported to be present in the leaves with content ranging from 3.9–62.1 mg/g (Prozialeck et al., 2020). The content of mitragynine in *M. speciosa* leaves varies depending on the geographic location and the harvest seasons (Beng et al., 2011). The mitragynine of *M. speciosa* in Thailand is reported to be 66% of the total alkaloids, whereas in Malaysia, the species contains only 12% mitragynine of the total alkaloids (Takayama, 2004). Table 1 displays the physico-chemical properties of mitragynine.

Article history:

Received 31 Jul 2021 Revised 18 Aug 2021 Accepted 24 Aug 2021 Available online 31 Aug 2021

Keywords:

Mitragynine alkaloids *Mytragyna speciosa* kratom flash chromatography

*Corresponding authors: l.almuqarrabun@bbrc.itb.ac.id

e-ISSN 2686-1623/© 2021 Institut Teknologi Bandung. All rights reserved

Mitragynine is the major alkaloid in *M. speciosa* (Suhaimi et al., 2016). It is known to interact with other receptors in the brain to produce stimulant and narcotic effects. A survey on drug use was conducted in Thailand and found that *M. speciosa* was used among 3.76% users aged 12-65 years (Assanangkornchai et al., 2008). *M. speciosa* is one of the plants that are prohibited and is widely abused in Thailand because this plant grows naturally even without human intervention (Singh et al., 2016). Empirically, this plant is used by wider community as a traditional medicine for various illnesses, such as diarrhea, fatigue, muscle aches, and coughs. In addition, it is also used to improve endurance, increase energy, overcome depression and as sexual stimulants. Moreover, the plant is even consumed to overcome withdrawal symptoms of opiate compounds (Eastlack et al., 2020; Raini, 2017; Saingam et al., 2013; Swogger et al., 2015; Vicknasingam et al., 2010).

Over the last few years, numerous pharmacological studies have been carried out to evaluate the biological activities of M. speciosa plants, especially the main alkaloid, mitragynine. A number of reports described that mitragynine exhibited analgesic activity at a dose of 30-200 mg/kg. Its antiproliferative effect was reported at concentrations >100 M against the cancer cell line K562 and was more selective against the HCT116 cell line (Goh et al., 2014). Furthermore, the antioxidant activity of mitragynine was also the highest in comparison to the other indole alkaloid М. compounds contained in speciosa, such as 7hydroxymitragynine, paynantheine, and speciociliatine (Elahian et al., 2020). Moreover, a toxicological study of mitragynine

demonstrated that mitragynine was relatively safe at lower subchronic dose but exhibited toxicity at a higher dose (Sabetghadam et al., 2013). In general, the toxic dose that caused death in rats after a single dose of mitragynine was 200 mg/kg (Boto et al., 2008; Suhaimi et al., 2016).

Table 1. Physico-chemical properties of mitragynine

Mitragynine				
IUPAC Name	Methyl 2-(3-ethyl-8-methoxy- 1,2,3,4,6,7,12,12 <i>b</i> -octahydroindolo[2,3- alguinolizin-2-yl)-3-methoxypron-2-enoate			
Molecular weight	398.5 g/mol			
Structure	OCH ₃			
	H ₃ CO ₂ C			
Appearance	White amorphous powder			
Melting point	104°C			
Boiling point	235∘C at 5 mmHg			
Solubility	Soluble in alcohol, chloroform, acetic acid			
Log P	1.73			
UV spectra	UV max: 226, 292 nm			

Source: National Center for Biotechnology Information (2021); Ramanathan et al. (2015)

2. Extraction methods

The purpose of extraction is to separate soluble metabolites from the insoluble substances using suitable solvents. The selection of the extraction method must meet the required conditions such as selectivity, efficiency, relatively low cost, and safety (Zhang, et al., 2018). During the last few years, intensive research has been carried out focusing on the extraction of compounds using conventional methods and renewable technologies including the use of green solvents (Chua, 2013). Some references on the extraction method for the mitragynine are summarized in Table 2.

Conventional extraction methods use organic solvents, such as methanol (MeOH), ethanol (EtOH), and acetone, or water at atmospheric pressure (Naviglio et al., 2019). Several conventional methods are used to extract compounds from plants, including maceration, percolation, reflux, and Soxhlet extraction. These techniques have both advantages and disadvantages. The advantages of using these methods are the low cost and simple operation. However, these methods require a long time to complete (even up to 7 d) and use a large amount of solvents that is potentially harmful to health and the environment. Moreover, it is rather difficult to completely remove the solvent residues, and the possibility of thermal decomposition (degradation of compounds) due to the high temperature used and the duration of extraction is significant (Easmin et al., 2015).

Due to the limitations of conventional methods in extracting bioactive compounds from plants, more efficient approaches become necessary, one of which the is green extraction method. The method reduces energy consumption, allows the use of a solvent or no solvent, reduces sample degradation, selectivity, and several other advantages (Duistermaat and Kolk 2000). Some examples of green extraction are pressurized liquid extraction (PLE), supercritical fluid extraction (SFE), microwaved-assisted extraction (MAE), ultrasound-assisted extraction (UAE) and accelerated solvent extraction (ASE) (Easmin et al., 2015). Extraction is an important initial step in the analysis of herbal plants (Fonmboh et al., 2020). For conventional extraction, the use and selection of solvents are crucial. The choice of solvent depends on the type of plant, the part of the plant to be extracted, the nature of the bioactive compounds, and the availability of the solvents. In general, polar solvents such as water, MeOH, and EtOH are used in the extraction of polar compounds, while non-polar solvents such as n-hexane and dichloromethane (DCM) are used for the extraction of non-polar compounds (Abubakar & Haque, 2020). As for the efficiency of the extraction of mitragynine compounds from *M. speciosa*, several types of solvents have been evaluated in different studies.

Mitragynine are the main indole alkaloids that are most commonly found in the leaves of *M. speciosa* (Ya et al., 2019). Parthasarathy et al., 2013) reported that more mitragynine compounds were extracted using MeOH compared to H₂O. Generally, alkaloids are soluble in acidic water, while alkaloid salts are more soluble in aqueous solvents with a neutral pH. Furthermore, alkaloids in the free form will be likely more soluble in polar organic solvents such as chloroform (CHCl₃), MeOH, or dimethylsulfoxide (DMSO) (Dewick, 2009). Harizal et al., (2012) carried out the extraction of *M. speciosa* leaves using the Soxhlet method with an organic solvent (MeOH) for 4 h at a temperature of 60°C. The results showed that the MeOH extract of the M. speciosa leaves contained 1.6% (w/w) mitragynine. Soxhlet extraction has several advantages, such as the use of a small amount of solvent. Nonetheless, it should be noted that extraction using this technique requires a long duration of extraction (up to 48 h or even 72 h for very strongly retained analytes) and there is a possibility of compound decomposition occurring due to the high temperature used (Luque de Castro and Priego-Capote, 2012).

A good extraction method, especially for mitragynine alkaloid compounds is very important to produce compounds with high purity and yield (Mustafa et al., 2020). A number of studies have tried to obtain greater yields in the extraction of mitragynine. For instance, Mustafa et al., (2020) reported that multilevel extraction using various concentrations of non-polar to polar solvents was able to increase the yield of mitragynine by 75.0 mg/g. In addition, the use of the acid-base method to obtain extracts rich in alkaloids is also often used. Sharma et al., (2019) demonstrated that a combination of maceration method using EtOH and an acid-base process using hydrochloric acid pH 2-3 and 10% ammonium solution, as well as further extraction using dichloromethane, has resulted in about 33.59% (w/w) of mitragynine yield contained in the acid-base extract.

Although organic solvents are widely used for extracting bioactive compounds from plants, their use can cause potential problems for environmental pollution and health risks (Brglez Mojzer et al., 2016) if not handled properly. That said, as mentioned previously, the extraction process development has focused on the use of innovative technologies that allow for optimizing the extraction of bioactive compounds and improving the quality of the extracts (Ameer et al., 2017).

Extraction using innovative technologies such as ultrasoundassisted extraction (UAE) has been carried out by Kikura-Hanajiri et al., 2009) to determine the yield of mitragynine. In said study, they used 13 commercial products with labels made from *M. speciosa* leaves with six in the form of dry leaves, three in powder form, and the other three in the form of resins. They have succeeded in extracting and obtaining extracts with mitragynine content in the 13 commercial products ranging from 0.8 to 62.6 mg/g. The UAE method in solvents facilitate cavitation accelerating the dissolution and diffusion of certain substances as well as heat transfer, which can increase extraction efficiency. Another advantage of UAE is the use of less solvent and a reduction in extraction temperature and duration (Zhang et al., 2018). Another promising approach is by using the accelerated solvent extraction (ASE) method which requires less solvent than conventional methods. This method is similar to the conventional methods which use several solvents for plant extraction, but ASE can be carried out automatically and consumes less solvent on the device (Giergielewicz-Mozajska et al., 2001). This method was applied in a study conducted by Goh et al., (2021). In their research, stainless steel ASE extraction cells were filled with 10 g of *M. speciosa* leaves. The extraction was carried out at 60°C for 5 min using different solvents, i.e., water, EtOH, ethyl acetate (EtOAc), and MeOH. The results showed that the yield of mitragynine contained in the extract ranged from 1.83 to 7.19% (w/w).

Tabel 2.	Various	extraction	methods	of	mitragynine
----------	---------	------------	---------	----	-------------

Method of extraction	Sample	nple Treatment conditions		Reference	
Solvent Extraction	<i>M. speciosa</i> leaves	Hot water with a solid-solvent ratio (5:8) for 2 h. Then re- maceration of hot water with the same ratio for 2 h	0.80 mg/g	Parthasarathy et al. (2013)	
		MeOH with a solid-solvent ratio (1:5), macerated for 5 d and re-maceration with MeOH solvent for 5 d	4.77 mg/g	Parthasarathy et al. (2013)	
MeOH extract was purified by mixing 90% acetic acid in water (1:35 ratio) and then partitioned with water and petroleum ether. The water layer was separated and moistened with Na ₂ CO ₃ to pH 9 and extracted with CHCl ₃ . The extract was partitioned with water to remove excess alkali and anhydrous Na ₂ SO ₄ was added before evaporation of the solvent.		24.72 mg/g	Parthasarathy et al. (2013)		
	Red Malay <i>M. speciosa</i>	<i>M. speciosa</i> leaves with varietal variants were extracted with a mixture of MeOH/H ₂ O (1:1 ratio) with the help of a	5.81 mg/g	Boffa et al. (2018)	
	Red Bali <i>M. specioasa</i>	magnetic stirrer at room temperature for 24 h. Purified by several steps using either an alkaline phase or an acid phase	9.84 mg/g	Boffa et al. (2018)	
	Red Thai <i>M. specioasa</i>	ending with precipitation at pH 9 (ammonium hydroxide solution). The residue and alkaline solution were rinsed with	8.76 mg/g	Boffa et al. (2018)	
	White Borneo <i>M. specioasa</i>	CH ₂ Cl ₂ .	12.2 mg/g	Boffa et al. (2018)	
	Green Malay <i>M. specioasa</i>		9.86 mg/g	Boffa et al. (2018)	
	<i>M. speciosa</i> leaves	Maceration with cold MeOH for 3 d. The filtrate was added with 10% acetic acid and partitioned with 2 x 50 ml petrol (bp 60-80oC). The water layer was made alkaline by adding sodium carbonate and extracted with 3 x 30 ml chloroform. The chloroform layer was then partitioned with water.	30 mg/g	Houghton et al. (1991)	
	<i>M. speciosa</i> leaves	Extraction by Soxhlet method using MeOH solvent for 4 h at 60°C)	16 mg/g	Harizal et al. (2010)	
	<i>M. speciosa</i> leaves	Extraction by Soxhlet method using petroleum ether solvent for 8 h at a temperature of 40-60°C	0.88 mg/g	Beng et al. (2011)	
	<i>M. speciosa</i> leaves	Maceration using <i>n</i> -hexane, chloroform and MeOH as solvent. The residue of each solvent was extracted with a solvent with a higher polarity level.	75 mg/g	Mustafa et al. (2020)	
	<i>M. speciosa</i> leaves	Maceration with MeOH for 5 d. MeOH extract was added 10% acetic acid and shaken for 24 h. The acid filtrate was partitioned with petroleum ether then moistened with alkaline pH 9 (25% ammonia solution) and extracted with CHCl ₃ . Then partitioned with water and before drying added anhydrous sodium sulphate.	0.087 (%w/w)	Beng et al. (2011)	
	<i>M. speciosa</i> leaves	Maceration with 10 L of CHCl ₃ -MeOH (1:1) and 500 ml of 10% KOH solution in water for 24 h at room temperature. Then the dry extract was added with a solution of 1 M HCl and hexane (1:1). The hexane phase was removed, and the aqueous phase was added with NH ₄ OH until it reached pH 9. Then extracted with CHCl ₃ . And fractionation using normal-phase flash chromatography	37.5 mg/g	Flores-Bocanegra et al. (2020)	
	<i>M. speciosa</i> leaves	Maceration with MeOH for 5 d. Then the MeOH extract was added with 5% sulfuric acid. The acid filtrate was then mixed with sodium carbonate and stirred until it became a grey- green colour with a pH of 11. Then CHCl ₃ was added to form three layers. The CHCl ₃ layer is removed from the mixture and anhydrous sodium sulphate is added and then dried	0.087 (%w/w)	Shamima et al. (2012)	
	<i>M. speciosa</i> leaves	Maceration with MeOH for 7 d. MeOH extract was dissolved in 10% acetic acid. The acid phase was partitioned with petroleum ether and made alkaline by adding 25% ammonium solution to pH 9 and then extraction with chloroform. The chloroform extract was partitioned with water and before drying added anhydrous sodium sulfate.	15.6 mg/g	Chittrakarn et al. (2010)	
	<i>M. speciosa</i> root culture	The dry hairy root cultures were refluxed with 50 ml of MeOH 3 times for 1 h. The extract was then dissolved with	14.25 mg/g	Phongprueksapattana et al. (2008)	

	<i>M. speciosa</i> leaves	30 ml of 7% acetic acid in water. The acid filtrate was then partitioned with petroleum ether and the solution was added with 25% ammonium sulfate until it reached pH 9. The filtrate was partitioned with 50 ml chloroform three times. Dried leaves of <i>M. speciosa</i> were macerated for 24 h with MeOH (2.5 L) with the help of Soxhlet. The residue is diluted	8-10 (%w/w)	Sabetghadam et al. (2010)
	<i>M. speciosa</i> leaves	Maceration with 95% EtOH for more than 3 d and repeated 3 times.	6.24 (%w/w)	Sharma et al. (2019)
	<i>M. speciosa</i> leaves	EtOH extract was dissolved with 20% MeOH and given hydrochloric acid until it reached a pH of 2-3. Partitioned with EtOAc twice. The water layer was then made alkaline with 10% ammonium until it reached a pH of 8-9. Then extracted with dichloromethane three times. Then partitioned with water. The organic layer is dried with sodium sulfate.	33.59 (%w/w)	Sharma et al. (2019)
Ultrasound assisted	<i>M. speciosa</i> (Big leaves)	Fine powder from each test sample (10-50 mg) was extracted with 10 ml 80% MeOH containing 100 ml of betamethasone	23.8 mg/g	Kikura-Hanajiri et al. (2009)
extraction (UAE)	<i>M. speciosa</i> (Small leaves)	valerate solution (0.2 mg/ml) by ultrasonication for 1 h. After that it was stored at room temperature overnight. Each mixture was centrifuged at 3000 rpm for five min and	1.6 mg/g	Kikura-Hanajiri et al. (2009)
	<i>M. speciosa</i> (Thirteen kinds of commercial products)	filtered before being injected into the instrument.	0.8 - 62.6 mg/g	Kikura-Hanajiri et al. (2009)
Accelerated solvent extraction (ASE)	<i>M. speciosa</i> Leaves	ASE stainless steel extraction cell was filled with 10 g of milled leaves. Extraction temperature was 60°C for 5 min and was run in two cycles. The solvent used was water, EtOH, EtOAc, and MeOH.	18.3 – 71.9 mg/g	Goh et al. (2021)

There are several factors that affect extraction results other than the use of solvents and extraction methods. These other factors could be the variety of plants used, the region where the plants grow, the temperature and duration of extraction, pH, and several other conditions. To give an example, different vein colors and the origin of *M. speciosa* gave different yields of mitragynine when extracted using the same method. The result showed that the Green Malay (Malaysia) has the highest content of mitragynine 59.7% w/w, followed by the Green Borneo (Borneo), the Red Thai (Thailand), the Red Bali (Bali), and the Red Malay (Malaysia) (Boffa et al., 2018).

Another factor that affects the yield of mitragynine extraction is the temperature. The use of high temperatures also impacts the yield of mitragynine obtained. Extraction using high-temperature methods such as Soxhlet and reflux produce much smaller yields of mitragynine compared to the maceration method (Harizal et al., 2010; Mustafa et al., 2020; Phongprueksapattana et al., 2008). Furthermore, the stability of mitragynine and the other alkaloids is highly dependent on pH and temperature. All of the Mitragyna alkaloids studied were acid labile. Under alkaline conditions, mitragynine undergoes chemical hydrolysis of the methyl ester to produce 16-carboxymitragynine (Basiliere and Kerrigan, 2020), which inarguably decreases the mitragynine yield.

In summary, mitragynine extraction using solvent extraction methods were reported to give the highest yield compared to the other methods. Extraction using UAE method gave mitragynine yield of 0.8-62.6 mg/g, while the ASE method could produce 18.3-71.9 mg/g yield. Ultimately, extraction using the solvent extraction method is an efficient extraction to obtain larger quantities of mitragynine with an easy process.

Up until now, the extraction of mitragynine compounds is still a challenge for future research because the use of simple or conventional extraction methods is still dominant. That being said, developing more effective, high-yielding methods in the extraction of mitragynine by improvising and/or utilising modern approaches may be of significance and can prove to be challenges for future research.

3. Identification and purification methods of mitragynine

Phytochemical characterization of secondary metabolites is the first step in most screening techniques for the identification of bioactive metabolites. This begins with phytochemical screening and is followed by pharmacological testing to determine which components have the desired activity (Cieśla and Moaddel, 2016). The method of identifying a compound should be simple, specific, and sensitive (Prutipanlai et al., 2017). Mass spectrophotometry (MS) and chromatography are techniques that are often used for the identification of a compound (Milman, 2005). In addition, another technique like Nuclear Magnetic Resonance (NMR) spectroscopy is used to identify and characterize the structure of organic compounds (Sharma et al., 2021).

Various methods of mitragynine analysis using liquid chromatography are presented in Table 3. Analysis of mitragynine been carried out using High-Performance Liquid has Chromatography (HPLC) instruments (Fuenffinger et al., 2017; Kikura-Hanajiri et al., 2009; Mudge and Brown 2017), Liquid Chromatography-Mass Spectrometry (LC-MS) (Philipp et al., 2009), Gas Chromatography-Mass Spectrometry (GC-MS) (Oliveira et al., 2016), and NMR (Mustafa et al., 2020). Mudge and Brown (2017) have identified mitragynine compounds using HPLC-Ultraviolet (HPLC-UV). The use of the HPLC method was found to be suitable for the detection of alkaloid compounds such as mitragynine and several other types of alkaloids. HPLC is the most widely used technique for the phytochemical characterization of extracts and is capable of analyzing various metabolites of various plant species (Cieśla and Moaddel, 2016). HPLC adjustments mainly include the use of a C18 reversed-phase column, the use of a binary solvent gradient, and different detection systems such as Diode-Array Detection (DAD) techniques, MS, or NMR (Marston and Hostettmann, 2006).

The GC-MS instrument is widely used in the analysis of volatile compounds (Feng et al., 2020), but research conducted by Oliveira et al. (2016) has succeeded in analyzing the content of the alkaloid mitragynine in 13 commercial products made from *M. speciosa*

leaves. In addition to GC-MS, other spectroscopic instruments, such as UV and infrared (IR) spectroscopy, provide considerable support in the analysis of mitragynine alkaloids. The compound mitragynine has a maximum absorption at 226 and 292 nm (National Center for Biotechnology Information, 2021) which can be identified at that wavelength. Parthasarathy et al. (2013) identified several products containing Kratom *M. speciosa* by comparing the peak of standard mitragynine to the peak of the products containing *M. speciosa* with a test spectrum range of 210-240 nm.

Table 3. Liqu	iid chromatograph	y analysis methods	of mitragynine
---------------	-------------------	--------------------	----------------

Sample	Method	Solvent system	Reference
<i>M. speciosa</i> leaves	HPLC – UV HPLC-MS/MS UPLC MS/MS HPLC HPLC-DAD UPLC HPLC-DAD HPLC-DAD HPLC-DAD HPLC-DAD HPLC-UV UFLC HPLC-DAD	 A: 5.0 mM ammonium bicarbonate buffer, pH 9.50; B: Acetonitrile. A: 0,1% formic acid in water; B: 0,1% formic acid in Acetonitrile A: aqueous ammonium acetate buffer 10 mM pH 3.5; B: Acetonitrile A: Water; B: Methanol. with ration (20:80) A: Water; B: Methanol. with ration (20:80). A: 0.1% aqueous formic acid in water; B: Acetonitrile A: 0.05% trifluoroacetic acid (TFA) in deionized ultrapure water; B: 0.05% TFA in acetonitrile A: 0,1% formic acid in water; B: Acetonitrile A: 0,05% formic acid in water; B: Acetonitrile A: 0,05% formic acid in water pH 5; B: Acetonitrile A: 0,1% TFA aqueous solution; 0,1% TFA in Acetonitrile A: 0,1% Ammonium solution; B: Acetonitrile A: 0.1 % TFA in MiliQ water; B: Acetonitrile A: 0.1 % TFA in MiliQ water; B: Acetonitrile A: 5 mM phosphate buffer pH 6.0; B: Acetonitrile 	Mudge and Brown (2017) Fuenffinger et al. (2017) Sharma et al. (2019) Prutipanlai et al. (2017) Chittrakarn et al. (2012) Casey et al. (2015) Ranggasamy et al. (2015) Fu (2016) Parthasarathy et al. (2013) Boffa et al. (2018) Kowalczuk et al. (2013) Kong et al. (2017) Limsuwanchote et al. (2015)

In addition to the methods discussed above, the identification of a compound can also be conducted using NMR instrument. NMR is related to the magnetic properties of certain atomic nuclei (Altemimi et al., 2017). This method is a potential method for identification, especially for organic natural compounds. Until now, this instrument is still the most powerful option to obtain detailed structural information about organic compounds, including mitragynine (Hostettmann et al., 2001; Mustafa et al., 2020).

Table 4	¹³ C	NMR	data	of	mitragy	nine
---------	-----------------	-----	------	----	---------	------

Number	¹³ C (ppm)			
NuillDei	Shamima et al. (2012)	Mustafa et al. (2020)		
2	133.6	133.7		
3	61.2	61.2		
5	53.7	53.7		
6	23.8	23.9		
7	107.7	107.7		
8	117.6	117.5		
9	154.4	154.4		
10	104.1	104.2		
11	121.7	121.5		
12	99.6	99.6		
13	137.2	137.3		
14	29.8	29.8		
15	40.6	40.6		
16	111.4	111.5		
17	160.5	160.4		
18	12.8	12.8		
19	19.0	19.0		
20	39.8	39.9		
21	57.7	57.7		
22	169.2	169.2		
9-OMe	51.3	51.2		
17-OMe	55.3	55.3		
22-OMe	61.5	61.5		

Table 4 and Table 5 show the NMR and MS data of mitragynine, respectively, from several different studies. Based on ¹³C NMR data, the main characteristic of mitragynine is the presence of eight sp² carbon signals (C-2, C-3, C-7, C-10, C-11, C-12, C-13, and C-17) which is characteristic of indole alkaloids. In addition, there are three methoxy groups attached to C-9, C-17, and C-22 (\mathbb{Z} c 51.1,

55.3, and 61.9 ppm) and a methyl group at C-19 (\mathbb{Z}_{C} 19.0) (Flores-Bocanegra et al., 2020).

Furthermore, the purification process of an extract is also crucial, and the level of purity will generally be considered as a factor. Therefore, to obtain bioactive compounds of high purity, additional steps are required (Rostagno and Prado, 2013). Several researchers focus on increasing the purity of the compounds obtained. Sharma et al. (2019) reported that there was an increase in the content of mitragynine alkaloids after carrying out an acidbase process in the previously obtained extract. Acid-base extraction techniques could increase the concentration of mitragynine by converting the compound (as well as other types of alkaloids) into its salt form, which is soluble in water, and then extracting the compound back into the organic layer after neutralization to produce a more concentrated alkaloids extract (Parthasarathy et al., 2013).

To this day, the acid-base technique is the technique of choice for extract enrichment, especially for alkaloid compounds. However, it should be noted that the acid-base method or technique is only one of many purification methods of alkaloids from natural resources. One of the purification techniques that are very easy to do is chromatography. Chromatography is the most widely used separation technique, in which the components in a mixture are separated according to their distribution differences between the mobile and stationary phases (Rostagno and Prado, 2013). such as thin-layer chromatography and column chromatography, which until now still exist and are used for purification of compounds (Altemimi et al., 2017).

Tabel 5. MS parameters of mitragynine

Compound	Precursor ion (m/z)	Product ion (<i>m/z</i>)	References
Mitragynine	399.3	174.1/159.0	Fu (2016)
	399.2	174.1/159.1	Casey et al. (2015)
	399.2	174.1/159.1	Lelono et al. (2021)

In addition to using the acid-base method, the extraction and purification of mitragynine can also be carried out by maceration using the different polarities of the solvent. Solvents that can be used such as n-hexane, chloroform, and MeOH. The residue of each solvent was extracted with a solvent with a higher polarity level (Mustafa et al., 2020). Separation of mitragynine from the crude hexane-chloroform-MeOH extract was carried out using silica gel column chromatography. The solvent system used in column chromatography is similar to that of TLC, particularly hexane:EtOAc (3:2). Approximately 1.0 g of the crude extract was purified using column chromatography. The obtained fractions were analyzed using TLC, which showed that the 15th to 29th fractions had Rf values and spot characteristics of mitragynine. The amount of mitragynine obtained using this method is about 75 mg (Mustafa et al., 2020).

Mitragynine purification method can also be carried out using flash chromatography using petroleum ether and ethyl acetate as eluent, on a 4 g silica gel column with a flow rate of 18 ml/min and detected at UV 254 nm. The fraction containing the mitragynine was collected and the solvent was removed using rotary evaporator. The purity of the mitragynine obtained was estimated to be 94.17% which was analysed using GC-MS (Orio et al., 2012).

In summary, the best purification technique for obtaining mitragynine compounds is the acid-base method. This technique is the most commonly used in obtaining alkaloid-rich fractions, especially mitragynine. The acid-base extraction technique is quite easy to use and does not involve instruments in the purification process. In addition, the identification of mitragynine compound can be carried out by several identification methods such as HPLC, LC-MS, GC-MS and NMR instruments.

4. Conclusion

Mitragynine is a bioactive compound that can be found in Kratom (M. speciosa). Several extraction methods have been reviewed by comparing conventional approaches and methods that have been technologically improvised. Both methods are carried out for the initial extraction of the mitragynine compound which is then purified or purified by acid-base techniques and chromatographic techniques to obtain mitragynine compounds. Identification of mitragynine compounds can be carried out using several instruments such as HPLC, LC-MS, GC-MS or structural identification using NMR spectroscopy. Ultimately, among the approaches known for extracting mitragynine, the solvent extraction methods, particularly the ASE method, has been shown to give the highest yield. That being said, the extraction of mitragynine generally is still carried out using conventional methods. Improvising and/or utilising modern approaches may be of significance in developing more effective, high-yielding methods in the extraction of mitragynine, and can be challenges for future research.

Acknowledgement

The authors are thankful to the Ministry of Finance, Republic of Indonesia, for providing research grants under scheme "Riset Inovasi Produktif (RISPRO) Invitasi LPDP" with grant number of PRJ-24/LPDP/2019.

Conflict of interest

The authors declare there is no conflict of interest in this study.

References

- Abubakar AR, Haque M. 2020. Preparation of medicinal plants: Basic extraction and fractionation procedures for experimental purposes. J Pharm Bioallied Sci 12(1): 1–10. doi: 10.4103/jpbs.JPBS_175_19
- Altemimi A, Lakhssassi N, Baharlouei A, Watson DG, Lightfoot DA. 2017. Phytochemicals: extraction, isolation, and identification of bioactive compounds from plant extracts. *Plants* 6(42). doi: 10.3390/plants6040042
 Ameer K, Shabbaz HM Kwon W 2017 C
- Ameer K, Shahbaz HM, Kwon JH. 2017. Green extraction methods for polyphenols from plant matrices and their byproducts: a review. *Compr Rev Food Sci Food Saf* 16(2): 295–315. doi: 10.1111/1541-4337.12253
 Assanangkornchai S, Mai C, Aramrattana A, Perngparn UM, Kanato M,

Kanika N, Sirivongs Na Ayudhya A. 2008. Current situation of substancerelated problems in Thailand. *J Psychiatr Assoc Thai* 53: 24–36.

- Basiliere S, Kerrigan S. 2020. Temperature and pH-dependent stability of mitragyna alkaloids. J Anal Toxicol 44(4): 314–24. doi: 10.1093/jat/bkz103
- Beng GT, Hamdan MR, Siddiqui MJ, Mordi MN, Mansor SM. 2011. A simple and cost effective isolation and purification protocol of mitragynine from *Mitragyna speciosa* Korth (ketum) leaves. *Malays J Anal Sci* 15(1): 54–60.
- Boffa L, Ghè C, Barge A, Muccioli G, Cravotto G. 2018. Alkaloid profiles and activity in different *Mitragyna speciosa* strains. *Nat Prod Commun* 13(9): 1111–6. doi: 10.1177/1934578x1801300904
- Boto REF, Almeida P, Queiroz JA. 2008. Thiacarbocyanine as ligand in dyeaffinity chromatography. *Biomed Chromatogr* 288(3): 278–88. doi: 10.1002/bmc
- Brglez Mojzer E, Knez Hrnčič M, Škerget M, Knez Ž, Bren U. 2016. Polyphenols: extraction methods, antioxidative action, bioavailability and anticarcinogenic effects. *Molecules* 21(7). doi: 10.3390/molecules21070901
- Casey CR, Conley T, Heise A, Thomas T, Ayres PR. 2015. Quantitative and qualitative analysis of mitragynine in kratom (*Mitragyna speciosa*) by GC-MS , LC-MS/MS and UPLC-PDA. J Regul Sci 02: 1–14. doi: 10.21423/jrs-v03n02p001
- Chitrakarn S, Keawpradub N, Sawangjaroen K, Kansenalak S, Janchawee,
 B. 2010. The neuromuscular blockade produced by pure alkaloid, mitragynine and methanol extract of kratom leaves (*Mitragyna speciosa* Korth.). J Ethnopharmacol 129(3): 344–9. doi:10.1016/j.jep.2010.03.035
- Chittrakarn S, Penjamras P, Keawpradub N. 2012. Quantitative analysis of mitragynine, codeine, caffeine, chlorpheniramine and phenylephrine in a kratom (*Mitragyna speciosa* Korth.) cocktail using high-performance liquid chromatography. *Forensic Sci Int* 217(1–3): 81–6. doi: 10.1016/j.forsciint.2011.10.027
- Chua LS. 2013. A review on plant-based rutin extraction methods and its pharmacological activities. *J Ethnopharmacol* 150(3): 805–17. doi: 10.1016/j.jep.2013.10.036
- Cieśla, Ł, Moaddel R. 2016. Comparison of analytical techniques for the identification of bioactive compounds from natural products. *Nat Prod Rep* 33(10): 1131–45. doi: 10.1039/c6np00016a
- Dewick PM. 2009. Medicinal natural products: a biosynthetic approach: 3rd Ed. doi: 10.1002/9780470742761
- Duistermaat JJ, Kolk JAC. 2000. "Proper actions." 8: 93–130. doi: 10.1007/978-3-642-56936-4 2
- Easmin MS, Sarker MZI, Ferdosh S, Shamsudin SH, Yunus K, Bin, Uddin MS, Sarker MMR, Akanda MJH, Hossain MS, Khalil HPSA. 2015. Bioactive compounds and advanced processing technology: *Phaleria macrocarpa* (Sheff.) Boerl, a review. *J Chem Technol Biotechnol* 90(6): 981–91. doi: 10.1002/jctb.4603
- Eastlack SC, Cornett EM, Kaye AD. 2020. Kratom-pharmacology, clinical implications, and outlook: a comprehensive review. *Pain Ther* 9(1): 55– 69. doi: 10.1007/s40122-020-00151-x
- Elahian F, Zahedian S, Safaei M, Pahlevani-Gazi E, Mirzaei SA. 2020. Unlike morphine, long-term exposure to analgesic mitragynine, 7-hydroxymitragynine, paynantheine, and speciociliatine alkaloids does not contribute to antinociceptive tolerance of μ -opioid receptors. 1–15. doi: 10.21203/rs.3.rs-39727/v1
- Feng W, Li M, Hao Z, Zhang J. 2020. Analytical methods of isolation and identification. In: Rao V, Mans D, Rao L (Eds.). Phytochemicals in human health. London, UK: IntechOpen. doi: 10.5772/intechopen.88122
- Flores-Bocanegra L, Raja HA, Graf TN, Augustinović M, Wallace ED, Hematian S, Kellogg JJ, Todd DA, Cech NB, Oberlies NH. 2020. The chemistry of kratom (*Mitragyna speciosa*): updated characterization data and methods to elucidate indole and oxindole alkaloids. *J Nat Prod* 83(7): 2165–77. doi: 10.1021/acs.jnatprod.0c00257
- Fonmboh DJ, Abah ER, Fokunang TE, Herve B, Teke GN, Rose NM, Borgia NN, Fokunang LB, Andrew BN, Kaba N, Bathelemy N, Ntungwen FC. 2020. An overview of methods of extraction, isolation and characterization of natural medicinal plant products in improved traditional medicine research. *Asian J Res Med Pharm Sci* 9(August): 31–57. doi: 10.9734/ajrimps/2020/v9i230152
- Fu H. 2016. A mass spectrometric study of kratom compounds by direct infusion electrospray ionization triple quadrupole mass spectrometry. *Detection* 04(03): 66–72. doi: 10.4236/detection.2016.43009
- Fuenffinger N, Ritchie M, Ruth A, Gryniewicz-Ruzicka C. 2017. Evaluation of ion mobility spectrometry for the detection of mitragynine in kratom products. J Pharm Biomed Anal 134: 282–6. doi: 10.1016/j.jpba.2016.11.055
- Giergielewicz-Mozajska H, Dabrowski L, Namieśnik J. 2001. Accelerated solvent extraction (ASE) in the analysis of environmental solid samples
 Some aspects of theory and practice. *Crit Rev Anal Chem* 31(3): 149–65. doi: 10.1080/20014091076712
- Goh TB, Yian KR, Mordi MN, Mansor SM. 2014. Antioxidant value and antiproliferative efficacy of mitragynine and a silane reduced analogue.

Asian Pacific J Cancer Prev 15(14): 5659–65. doi: 10.7314/APJCP.2014.15.14.5659

- Goh YS, Karunakaran T, Murugaiyah V, Santhanam R, Abu Bakar MH, Ramanathan S. 2021. Accelerated solvent extractions (ASE) of *Mitragyna speciosa* Korth. (Kratom) leaves: Evaluation of its cytotoxicity and antinociceptive activity. *Molecules* 26(12): 3704. doi: 10.3390/molecules26123704
- Harizal SN, Mansor SM, Hasnan J, Tharakan JKJ, Abdullah J. 2010. Acute toxicity study of the standardized methanolic extract of *Mitragyna speciosa* Korth in Rodent. *J Ethnopharmacol* 131(2): 404–9. doi: 10.1016/j.jep.2010.07.013
- Hostettmann K, Wolfender JL, Terreaux C. 2001. Modern screening techniques for plant extracts. *Pharm Biol* 39(sup1): 18–32. doi: 10.1076/phbi.39.s1.18.0008
- Houghton PJ, Latiff A, Said IM. 1991. Alkaloids from *Mitragyna speciosa*. *Phytochemistry*: 30(1): 347–50. doi: 10.1016/0031-9422(91)84152-I
- Kikura-Hanajiri R, Kawamura M, Maruyama T, Kitajima M, Takayama H, Goda Y. 2009. Simultaneous analysis of mitragynine, 7hydroxymitragynine, and other alkaloids in the psychotropic plant "kratom" (*Mitragyna speciosa*) by LC-ESI-MS. *Forensic Toxicol* 27(2): 67–74. doi: 10.1007/s11419-009-0070-5
- Kong WM, Chik Z, Mohamed Z, Alshawsh MA. 2017. Physicochemical characterization of *Mitragyna speciosa* alkaloid extract and mitragynine using in vitro high throughput assays. *Comb Chem High Throughput Screen* 20(October). doi: 10.2174/1386207320666171026121820
- Kowalczuk AP, Lozak A, Zjawiony JK. 2013. Comprehensive methodology for identification of kratom in police laboratories. *Forensic Sci Int* 233(1–3): 238–43. doi: 10.1016/j.forsciint.2013.09.016
- Lelono AA, Latifah IL, Herdiawan H, Cahyani RW. 2021. Extraction and identification of mitragynine from the kratom leaf (*Mitragyna speciosa*) using HFC-134a subcritical system. *IOP conference series: materials* science and engineering, volume 1011, the 6th international symposium on applied chemistry (ISAC) 2020 18-20 november 2020, Tangerang, Indonesia. doi:10.1088/1757-899X/1011/1/012045
- Limsuwanchote S, Wungsintaweekul J, Keawpradub N, Putalun W, Morimoto S, Tanaka H. 2015. Development of indirect competitive ELISA for quantification of mitragynine in kratom (*Mitragyna speciosa* (Roxb.) Korth.). *Forensic Sci Int* 244: 70-7. doi: 10.1016/j.forsciint.2014.08.011
- Luque de Castro MD, Priego-Capote F. 2012. Soxhlet extraction versus accelerated solvent extraction. In: Pawliszyn J (Ed.). Comprehensive sampling and sample preparation (Vol. 2). Netherland: Academic Press. doi: 10.1016/B978-0-12-381373-2.00038-7
- Milman BL. 2005. Identification of chemical compounds. *Trends Analyt Chem* 24(6): 493–508. doi: 10.1016/j.trac.2005.03.013
- Mudge EM, Brown PN. 2017. Determination of mitragynine in *Mitragyna speciosa* raw materials and finished products by liquid chromatography with UV detection: Single-laboratory validation. *J AOAC Int* 100(1). doi: 10.5740/jaoacint.16-0220
- Mustafa RR, Sukor R, Mohd Nor SM, Saari N, Azri FA. 2020. Enhancing extraction yield and purity of mitragynine from *Mitragyna speciosa* through sequential solvent extraction and characterisation using NMR technique. *Int J Sci Technol Res* 9(3): 3846–54.
- Naviglio D, Scarano P, Ciaravolo M, Gallo M. 2019. Rapid solid-liquid dynamic extraction (RSLDE): a powerful and greener alternative to the latest solid-liquid extraction techniques. *Foods* 8(7): 1–22. doi: 10.3390/foods8070245
- National Center for Biotechnology Information (2021). PubChem compound summary for CID 611919, (-)-mitragynine. https://pubchem.ncbi.nlm.nih.gov/compound/Mitragynine (accessed on August 28th, 2021)
- Oliveira AS, Fraga S, Carvalho F, Araújo AM, Pereira CC, Teixeira JP, de Lourdes Bastos, M, de Pinho PG. 2016. Chemical characterization and in vitro cyto- and genotoxicity of 'legal high' products containing Kratom (*Mitragyna speciosa*). *Forensic Toxicol* 34(2): 213–26. doi: 10.1007/s11419-015-0305-6
- Orio L, Alexandru L, Cravotto G, Mantegna S, Barge A. 2012. UAE, MAE, SFE-CO2 and classical methods for the extraction of *Mitragyna speciosa* leaves. *Ultrason Sonochem* 19(3). doi: 10.1016/j.ultsonch.2011.10.001
- Parthasarathy S, Ramanathan S, Murugaiyah V, Hamdan MR, Mohd Said MI, Lai CS, Mansor SM. 2013. A simple HPLC-DAD method for the detection and quantification of psychotropic mitragynine in *Mitragyna speciosa* (ketum) and its products for the application in forensic investigation. *Forensic Sci Int* 226(1–3): 183–7. doi: 10.1016/j.forsciint.2013.01.014
- Philipp AA, Wissenbach DK, Zoerntlein SW, Klein ON, Kanogsunthornrat J, Maurer HH. 2009. Studies on the metabolism of mitragynine, the main alkaloid of the herbal drug kratom, in rat and human urine using liquid chromatography-linear ion trapmass spectrometry. J Mass Spectrom 44(8): 1249–61. doi: 10.1002/jms.1607
- Phongprueksapattana S, Putalun W, Keawpradub N, Wungsintaweekul J. 2008. *Mitragyna speciosa*: Hairy root culture for triterpenoid production and high yield of mitragynine by regenerated plants. *Z Naturforsch C* 63(9–10): 691–8. doi: 10.1515/znc-2008-9-1014

- Prozialeck WC, Edwards JR, Lamar PC, Plotkin BJ, Sigar IM, Grundmann, O, Veltri CA. 2020. Evaluation of the mitragynine content, levels of toxic metals and the presence of microbes in kratom products purchased in the western suburbs of chicago. *Int J Environ Res Public Health* 2 17(15): 1–13.
- Prutipanlai S, Botpiboon O, Janchawee B, Theanchaiwattana S. 2017. Solid phase extraction method for determination of mitragynine in urine and its application to mitragynine excretion study in rats receiving caffeine. *Trop J Pharm Res.* 16(7): 1675–82. doi: 10.4314/tjpr.v16i7.28
- Raini M. 2017. Kratom (*Mitragyna speciosa* Korth): Benefits, side effects, and legality (in Indonesian). *Media Penelitian Dan Pengembangan Kesehatan* 27(3): 175–84. doi: 10.22435/mpk.v27i3.6806.175-184
- Ramanathan S, Mccurdy C R 2020. Kratom (*Mitragyna speciosa*): worldwide issues. *Curr Opin Psychiatry* 33(4): 312–8. doi: 10.1097/YCO.00000000000621
- Ramanathan S, Parthasarathy S, Murugaiyah V, Magosso E, Tan SC, Mansor SM. 2015. Understanding the physicochemical properties of mitragynine, a principal alkaloid of *Mitragyna speciosa*, for preclinical evaluation. *Molecules* 20(3): 4915–27. doi: 10.3390/molecules20034915
- Ranggasamy R, Ghafar ZA, Jean SW, Hussain NH, Japri N, Badron UH, Juan T, Wasiman MI, Ismail Z. 2015. Herbal monograph methodology for identification of *Mitragyna speciosa* (Korth.) Havil. leaves. J Pharmacogn Phytochem 4(4): 256–62.
- Rostagno MA, Prado JM. 2013. Natural product extraction: principles and applications. Cambridge, UK: RSC. doi: 10.1039/9781849737579
- Sabetghadam A, Ramanathan S, Mansor SM. 2010. The evaluation of antinociceptive activity of alkaloid, methanolic, and aqueous extracts of Malaysian *Mitragyna speciosa* Korth leaves in rats. *Pharmacogn Res* 2(3): 181–5. doi: 10.4103/0974-8490.65514
- Sabetghadam A, Ramanathan S, Sasidharan S, Mansor SM. 2013. Subchronic exposure to mitragynine, the principal alkaloid of *Mitragyna speciosa*, in rats. *J Ethnopharmacol* 146(3): 815–23. doi: 10.1016/j.jep.2013.02.008
- Saingam D, Assanangkornchai S, Geater AF, Balthip Q. 2013. Pattern and consequences of kratom (*Mitragyna speciosa* Korth.) use among male villagers in southern Thailand: A qualitative study. *Int J Drug Policy* 24(4): 351–8. doi: 10.1016/j.drugpo.2012.09.004
- Shamima AR, Fakurazi S, Hidayat, MT, Hairuszah I, Moklas MAM, Arulselvan P. 2012. Antinociceptive action of isolated mitragynine from *Mitragyna speciosa* through activation of opioid receptor system. *Int J Mol Sci* 13(9): 11427–42. doi: 10.3390/ijms130911427
- Sharma A, Kamble SH, León F, Chear NJY, King TI, Berthold EC, Ramanathan S, McCurdy, CR, Avery BA. 2019. Simultaneous quantification of ten key Kratom alkaloids in *Mitragyna speciosa* leaf extracts and commercial products by ultra-performance liquid chromatography-tandem mass spectrometry. *Drug Test Anal* 11(8): 1162–71. doi: 10.1002/dta.2604
- Sharma D, Singh VP, Singh RK, Joshi CS, Sharma V. 2021. Isolation and characterization of bioactive compounds from natural resources: Metabolomics and molecular approaches. In: Srivastava AK, Kannaujiya VK, Singh D (Eds.). Evolutionary diversity as a source for anticancer molecules. London, UK: Academic Press. doi: 10.1016/B978-0-12-821710-8.00004-7
- Shellard EJ. 1989. Ethnopharmacology of kratom and the Mitragyna alkaloids. *J Ethnopharmacol* 25(1): 123–4. doi: 10.1016/0378-8741(89)90053-6
- Singh D, Narayanan S, Vicknasingam B. 2016. Traditional and nontraditional uses of mitragynine (kratom): a survey of the literature. *Brain Res Bull* 126(Pt1): 41–6. doi: 10.1016/j.brainresbull.2016.05.004
- Suhaimi FW, Yusoff NHM, Hassan R, Mansor SM, Navaratnam V, Müller CP, Hassan Z. 2016. Neurobiology of kratom and its main alkaloid mitragynine. *Brain Res Bull* 126: 29–40. doi: 10.1016/j.brainresbull.2016.03.015
- Swogger MT, Hart E, Erowid F, Erowid E, Trabold N, Yee K, Parkhurst KA, Priddy BM, Walsh Z. 2015. Experiences of kratom users: a qualitative Analysis. J Psychoact Drugs 47(5): 360–67. doi: 10.1080/02791072.2015.1096434
- Takayama H. 2004. Chemistry and pharmacology of analgesic indole alkaloids from the rubiaceous plant, *Mitragyna speciosa. Chem Pharm Bull* 52(8): 916–28. doi: 10.1248/cpb.52.916
- Vicknasingam B, Narayanan S, Beng GT, Mansor SM. 2010. The informal use of ketum (*Mitragyna speciosa*) for opioid withdrawal in the northern states of peninsular Malaysia and implications for drug substitution therapy. *Int J Drug Policy* 21(4): 283–8. doi: 10.1016/j.drugpo.2009.12.003
- Ya K, Tangamornsuksan W, Scholfield CN, Methaneethorn J, Lohitnavy M. 2019. Pharmacokinetics of mitragynine, a major analgesic alkaloid in kratom (*Mitragyna speciosa*): a systematic review. *Asian J Psychiatr* 43(May): 73–82. doi: 10.1016/j.ajp.2019.05.016
- Zhang QW, Lin LG, Ye WC. 2018. Techniques for extraction and isolation of natural products: A comprehensive review. *Chin Med* 13(1): 1–26. doi: 10.1186/s13020-018-0177-x